



A Report on
“Reinvent Yourself”

13th December 2022

Konkan Gyanpeeth Rahul Dharkar College of Pharmacy and Research Institute Karjat conducted a seminar for Final Year B. Pharm and D. Pharm Students on **13th December 2022**. The main objective of this offline session was to encourage and build confidence in students of KGRDCP to become a successful speaker. This seminar was conducted in presence KGRDCP's teaching, non teaching staff and students .

Before starting for main lecture Mr. Amol Borade, Asst. Professor at KGRDCP & RI, Karjat encourage all the students to take part in such kind of interactive and motivational events. He also carry forward the vision and mission of the college in a simple language. Further, Mr. Amol gave a brief introduction about the speaker to the audience. **Mr. Ranjeet Singh** Founder and Chief Trainer of Let's Create Academy, Thane. Later, a very lively, enthusiastic and intellectual lecture was delivered by the speaker. In his lecture, he has focused students attention towards thought, mood and emotions of life. During his talk he has overviewed about SELP and NLP. In a detailed discussion he was tried to penetrate the concept of Metaphase in all students mind. Additionally, by giving the day to day life examples he has explained how to identify the metaphase in life, how to work on Metaphase in life in order to get positivity from it. He proposed life should be celebrated by each one of us within each moment of life. He has given the details about thought and thought process, i.e. How we recognise the thoughts? How understanding can be increased etc. He insisted the students should do one work at a time whole heartedly and with dedication without bringing any other thoughts in mind. In his talk he has put energy in the student to develop their positive attitude. In his talk, he has given demo to the students and tried to uplift students confidence by removing stage fear from them. He also conducted some psychological exercises from students. Mr. Ranjeet also shared his whole journey growth along with his personal stories to encourage the students. Students participated actively in question and answer session of Seminar. At the end, seminar was concluded with vote of thanks by Mr. Amol Borade, Asst. Professor, KGRDCP & RI, Karjat.



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Glimpse of Seminar delivered by Mr. Ranjeet Singh on "Reinvent Yourself"



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The Speakers delivered a talk on following topic:

Speaker	Topic
Mr. Ranjeet Singh	"Reinvent Yourself"

This seminar was attended by more than more than 75 students of Final year B. Pharmacy and D. Pharmacy.

Outcomes:

Very enthuziasticallly students have responded to this lively talk. From this seminar student came to know various key points needed to remove stage fear and how to deal with metaphase. Student also got knowledge about how to appear infront of the public in confident manner. Definitely it was a helpful seminar for studetns going to contribute in their future bright.

Dr. Mohan Kale
(Principal)